

Kiyojute Ryu Shogei Toitsu Kempo

Rank	Throws	Blocks	Strikes	Kicks	Chokes	Counterjoint	Forms	
Shodan	Sukuinage Ouchigari Haraigoshi	Down palm block Foot block	Snake strike finger jab Thumb knuckle strike Extended knuckles	Side snap instep kick Back spin kick Double kick	Gyaku juji shime Shin choke	Knee lock Full nelson	Tonfa kata Tonfa embu Koken kata Goken kata	Kokeri kata Sanchin kata Tai chi kata Karate embu
Nidan	Kani waza Hanegoshi Ukiotoshi	Outside forearm block Joined hands block	Flare punch Hook punch Circular elbow	Flying back spin kick Flying double kick Hook kick	Sankaku jime Reverse nelson	Shiho nage Sankyo nage	Kobo kata Kobo embu Koken kata Hyo kata	Okeri kata Sanchin kata Tai chi kata Karate embu
Sandan	Haraitsurikomiashi Kouchigari Kosotogari	Knife hand block Scooping block	Ridge hand Crane break Twin dragon	Thigh Roundhouse knee Rear snap kick	Shoulder choke Nukite kesa shime	Tachi waki gatame Ude hishigi	Sai kata Sai embu Koken kata Hyo kata	Hakutsuru kata Okeri kata Tai chi kata Karate embu
Yodan	Kuchiki taoshi Morotegari Ushirogoshi	Yama uke Crane head block	Snapping backfist Eagle claw Extended thumb	Slide kick Front thrust kick Step behind side kick	Back of head Shoulder defense Hips		Manrikikusari kata Manrikikusari embu Koken kata Hyo kata	Hakutsuru kata Tora kata Tai chi kata Karate embu
Godan	Ukiwaza Yoko otoshi Taniotoshi	Downward block Backhand block	U punch Upward elbow Side elbow	Laying hook & kick Handstand kick Half outer crescent ax kick	Flying elbow strike Front of head Side body block		Shuriken kata Shuriken embu Hyo kata Hakutsuru kata	Tora kata Shi kata Ryu kata Karate embu

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